



## Vegan Menu

Orange Juice, Fresh Fruit Salad, Vegan Yoghurt,  
Stewed Fruit, Selection of Cereals (Alpen or granola)  
Overnight Oats (oats soaked in almond milk, sultanas and figs)

### **Hot Choices – cooked to order**

Porridge – served traditionally just oats, water and salt  
or with your choice of flavouring - stewed fruit, honey, jam, sugar, cinnamon

Full Vegan Breakfast – grilled vegetarian sausages, baked beans, mushrooms, cherry  
tomatoes and a potato scone

Portobello mushrooms on a bed of baked beans topped with tomato and vegan  
cheese

Avocado and tomato on toast

Fried mushrooms and tomato on toast

### **Accompanied by**

Freshly brewed Tea or Coffee (Earl Grey or Peppermint Tea available on request)

Wholemeal Toast, Home-made Strawberry Jam, Vegan Spread